

**A Guide to Community Services Throughout Hastings County** 





MEALS AND **CLOTHING** 

**TRANSPORTATION** AND RECREATION

# COMMUNITY SERVICES

**Housing AND CHILDCARE** 



**EMPLOYMENT** AND TRAINING



# 2024 Edition\*

**Visit Hastingscounty.com for most** current information (see back for details)

To apply for financial assistance in Hastings County: apply online: ontario.ca/socialassistance (English) ontario.ca/aidesociale (French)

call toll-free: 1-888-999-1142

call the Intake Access Centre: 613-771-9630; 1-866-414-0300





### **MEAL PROGRAMS**

#### **BANCROFT**

Peer Support South East Ontario - Bancroft Peer Support Centre (Lifehouse)

23 Bridge St. West, Bancroft 613-332-4056

Monday - Friday 10:00 a.m. - 3:00 p.m. Free lunch daily - sign up by 11:00, lunch served at noon

Free fruit available weekly Free laundry

St. John's Anglican Church (\$6.00 Meal - \$6.50 Takout)

21 Flint Avenue, Bancroft 613-332-3662

Tuesday 8:30 a.m. - 1:00 p.m.

#### **BELLEVILLE**

Eastminster United Church (Open Door Meal)

432 Bridge Street East613-969-5212

Wednesday 11:30 a.m. - 1:00 p.m.

www.eastminster.ca

**Salvation Army** (Free Dinner)

295 Pinnacle Street 613-968-6834

Monday - Thursday, Saturday 4:00 p.m. - 5:30 p.m.

**Bridge Street United Church** (Free Lunch and Frozen Dinners)

60 Bridge Street East 613-962-9178

Daily Breakfast 8:30 a.m - 10:00 p.m.
Daily Lunch 11:30 a.m. - 1:00 p.m.

TGIF (Friday) Frozen Meal Every Friday 11:30 a.m. - 1:00 p.m.

Register for TGIF www.bridgestreetchurch.com

Michelangelo's Café - Gleaner's Food Bank (Free)

25 Wallbridge Crescent 613-962-9043

Monday - Friday 9:00 a.m. - 12:00 p.m.

Free delivery to seniors and people with disabilities in Belleville with a referral. Access via call-in, walk-up window or online at www.gleanersfoodbank.ca Social agencies may fax orders to

613-962-8627 and pickup from 1:00 p.m. - 3:00 p.m.

**Christmas Sharing Program** (Seasonal)

Call for Information 613-969-1020 Or apply online: <a href="www.christmassharing.org">www.christmassharing.org</a> or email <a href="massharingprogram@bellnet.ca">christmassharingprogram@bellnet.ca</a>





### **MEAL PROGRAMS**

## Peer Support South East Ontario - Belleville Peer Support Centre (Freedom Centre)

391 Front Street, Belleville 613-969-1772

Monday - Friday 10:00 a.m. - 3:00 p.m. Saturday 9:00 a.m. - 2:00 p.m.

Saturday Breakfast sign-up by 10:15 - served at 11:00

Lunch sign-up by 11:15 - served at 12 noon, free fruit available weekly

#### **MADOC**

### Peer Support South East Ontario - Madoc Peer Support Centre

56 Russell Street, Madoc 613-473-4111

Tuesday and Wednesday 9:30 a.m. - 2:30 p.m. Free lunch - sign up by 11:00 a.m., lunch at noon

#### **QUINTE WEST**

#### **Community Partners for Success**

50 Elgin Street (Trenton)

Breakfast: Monday, Wednesday, Friday 9:30-10:30

Dinner: Tuesday, Thursday 3:30-5:30

#### **New Beginnings Support Centre** (Lunch Program)

76 Dundas Street West (Trenton) 613-394-3449

See Peer Support South East Ontario (pg. 14)

for details. Free lunch Monday - Friday at Noon (sign-up by 11:30 a.m.)

### Trenton United Church (Lunch Program)

85 Dundas Street East (Trenton) 613-392-6001 1st and 3rd Friday 11:00 a.m. - 12:30 p.m.

Runs Year Round

### **St. George's Church** (Free Lunch Program)

9 Byron Street (Trenton) 613-394-4244 ext. 2

Thursdays 11:30 a.m. - 12:30 p.m.

Eat in or pick up - please enter church through front doors

### **St. James Anglican Church**/Catherine's Kitchen (Free Lunch Program)

15 South Street (Trenton) 613-438-3874

Monday - Friday 11:00 a.m. - 12:30 p.m.

Fridays have additional take-away lunch.





### **FOOD BANKS**

#### **BANCROFT**

#### **North Hastings Children's Services**

20 Hastings Heritage Way, Bancroft 613-332-0179

**Emergency Food Bank** 

Call or check Facebook page for information on programs/times

#### **North Hastings Community Cupboard Food Bank**

2 Madawaska Street, Bancroft 343-476-0177

Tuesday/Wednesday/Friday 11:00 a.m. - 2:00 p.m.

Thursday 4:00 p.m. - 7:00 p.m.

#### North Hastings Community Trust Food Share (Seasonal Wood Share also)

19 Valleyview Drive, Bancroft 613-332-3657

Thursday, Friday 10:00 a.m. - 3:00 p.m.

www.northhastingscommunitytrust.org

#### **BELLEVILLE**

#### **Gleaners Food Bank**

25 Wallbridge Crescent 613-962-9043

Monday - Friday 9:00 a.m. - 12:00 p.m. Wednesday 6:00 p.m. - 8:00 p.m.

Call ahead to set up an appointment or register online at:

www.gleanersfoodbank.ca

### Salvation Army Secondary Food Bank Bring ID

295 Pinnacle Street 613-968-6834

By appointment only

#### COE HILL

### Tri-Township Food Basket - Royal Canadian Legion Branch 581

5526, Hwy 620 Gail: 613-337-8616 12:00 p.m. - 2:00 p.m. Sue: 613-337-5339 Every Wednesday - Bring I.D. Judy: 613-474-1081

#### **DESERONTO**

### **Helping Hands Food Bank - Lion's Club**

316 Edmon Street 613-396-2440

3rd Thursday every month (please call ahead) 10:00 a.m. - Noon

#### **FRANKFORD**

### **Frankford Food Pantry**

149 King Drive 613-398-7681

Wednesday 5:30 p.m. - 7:00 p.m. Friday 10:00 a.m. - 12:00 p.m.

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### **FOOD BANKS**

#### LAKE ST. PETER

#### The Word of Life Outreach Food Bank

2016 Hwy 127 613-338-2121 (Call for details)

Tuesday, Friday 10:00 p.m. - 3:00 p.m.

#### **MADOC**

#### **Helping Hands Food Bank**

151 St. Lawrence St. East 613-473-5255

Monday 10:00 a.m. - 1:00 p.m.; Tuesday 6:00 - 8:00 p.m. Wednesday 10:00 a.m. - 2:00 p.m.; Thursday 1:00 - 4:00 p.m.

www.chsn.support/food-bank

#### **MARMORA**

#### **Helping Hands Food Bank**

37 Forsythe Street (Library) 613-472-3594

Tuesday 1:00 p.m. - 2:30 p.m.

#### **MAYNOOTH**

#### **Maynooth and Area Food Bank**

33064 Hwy 62 (Holy Trinity Anglican Church) 613-338-2085 2nd and 3rd Thursday each month 11:30 a.m. - 12:30 p.m.

#### **STIRLING**

### Stirling & Area Christian Community Care - Community Cupboard

85 Station Street 613-395-3952 Every Thursday except for the 1st Thursday of the month. 10:00 a.m. - Noon and

The 2nd and 4th Thursday every month 7:00 p.m. - 9:00 p.m.

#### TRENTON

#### Care and Share Food Bank (Bring ID)

30 Pelham Street - #2 613-394-5551

Monday, Tuesday, Thursday, Friday 10:00 a.m. - 12:30 p.m.

#### **TWEED**

### Tweed Food Bank - Salvation Army

596 Moira Street 613-478-3375

Wednesday, Friday 10:00 a.m. - 3:00 p.m.





### OTHER COMMUNITY FOOD PROGRAMS

#### THE HASTINGS AND PRINCE EDWARD LEARNING FOUNDATION

Provides universal programs and services that helps students overcome barriers and help them succeed in school in a non-stigmatizing way.

**Student Emergency Fund** is a program accessible through school principals that children and their families can access in emergency situations that are unexpected, unforseen, and require immediate action so students can continue to fully participate in their learning.

**Sharing Cupboards** are currently available in 7 local schools which includes all secondary schools in HPEDSB, to provide a supply of nutritious food and household items for students to take home.

**Food For Learning** is available in all local schools, providing student nutrition programs including breakfast, lunch or snacks that welcomes all students, no questions asked or payment required.

For more information please contact Kellie Brace, Operations Manager: <a href="mailto:kbrace@hpedsb.on.ca">kbrace@hpedsb.on.ca</a> 613-966-1170 ext 62232 www.hpelearningfoundation.ca.

#### COMMUNITY DEVELOPMENT COUNCIL OF QUINTE (CDC)

The aim of CDC programs is to support families by creating opportunities for self-help. Programs include: Good Food Box (GFB), Good Baby Box (GBB), and Community Gardens.

For more details on any of these programs, call: 613-968-2466; visit 65 Station Street, Belleville; or online at: <a href="https://www.cdcquinte.com">www.cdcquinte.com</a>.

#### **Distribution Depots**

Bancroft - North Hastings Community Cupboard: 343-476-0177 (GFB)

Bancroft - North Hastings Children's Services: 613-332-0179 (GBB)

Belleville - Community Development Council of Quinte: 613-968-2466 (GFB) (GBB)

Belleville - Community Health Centre: 613-962-0000 ext. 0 (GFB)

Coe Hill - Wollaston Public Library: 613-337-5183 (GFB)

Deseronto Community Care South Hastings: 613-396-6591 (GFB) (GBB)

Frankford - Community Partners for Success: 613-848-3042 (GFB)

Limerick Township Office: 613-474-2863 (GFB)

Madoc - Central Hastings Support Network: 613-473-5255 (GBB)

Madoc - COPE: 613-473-4158 (GFB)

Marmora Pentecostal Church: 613-472-3219 (GFB) (GBB)

Stirling Public Library: 613-395-2837 (GFB) (GBB)

Trenton Military Family Resource Centre: 613-392-2811 ext. 2379 (GFB) (GBB)

Trenton - Community Health Ctr.: 613-965-0698 ext. 0 (GFB)

Trenton - Trent River School (Tues-Fri) 9:30 a.m.-12:00 p.m.) (GBB)

Tyendinaga - Community Health: 613-967-3603 (GFB) (GBB)

Tweed - Gateway Community Health Centre: 613-478-1211 ext 333 (GFB) (GBB)





### **CLOTHING PROGRAMS**

#### **BELLEVILLE St. Vincent de Paul** (Minimal Cost)

205 Coleman Street 613-966-8005

Monday - Friday 10:00 a.m. - 5:00 p.m. Saturday 10:00 a.m. - 3:00 p.m.

## Belleville Pregnancy & Family Care Centre (Free Baby and Maternity

Clothing) www.bpfcc.ca

200 Dundas Street East, Suite 204 613-969-7866 Monday - Friday 11:30 a.m. - 4:30 p.m.

#### **CENTRE HASTINGS People Helping People** (Free)

Call Ontario Works office for referral 613-473-5258 Monday - Friday 8:30 a.m. - 4:30 p.m.

### **DESERONTO Community Care Closet** (Minimal Cost)

297 Main Street 613-396-6591

Tuesday - Friday 10:00 a.m. - 2:00 p.m.

#### **NORTH HASTINGS New-To-You** (Minimal Cost)

189 North Hastings Street, Bancroft 613-332-2229 Monday - Friday 10:00 a.m. - 4:00 p.m.

### **Choices Thrift Shop** (Minimal Cost)

12 Flint Avenue, Bancroft 613-332-0439

Monday - Friday 11:00 a.m. - 3:00 p.m.

### Word Of Life Outreach Church (\$10 to Fill Large Bag)

2016 Hwy 127, Lake St. Peter 613-338-2121 Tuesday - Saturday 10:00 a.m. - 3:00 p.m.

### Bancroft Pregnancy Care Centre (Free Maternity/Baby Clothing, Formula,

Diapers) <u>www.bancroftpcc.ca</u>

35 Sherbourne Street North 613-332-4673

Monday - Thursday 10:00 a.m. - 4:00 p.m.

### **TWEED Salvation Army (Minimal Cost)**

596 Moira Street, Tweed 613-478-3375 Tuesday - Thursday 10:00 a.m. - 4:00 p.m. Friday, Saturday 10:00 a.m. - 3:00 p.m.









### **CHILDREN'S PROGRAMS**

#### CHILDREN'S SERVICES

Hastings County supports a wide variety of child care programs and services including: EarlyON and Family Centres; Licensed Centre-Based and Home-Based Child Care Centres; Before and After-School Programs; Child Care Fee Subsidies (full or partial), the Canada-Wide Early Learning and Child Care (CWELCC), and Special Needs Resourcing. For more information on lowering your child care fees or to apply for child care subsidy, please contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300 (Northern Hastings County) to determine need and eligibility.

For a complete listing of our child care programs, please visit hastingscounty.com or scan code:

To register for Hastings County's Before/After School Program, contact Hastings County Children's Services at: 613-966-1311 x2612 or 1-800-267-0575.

#### **BELLEVILLE**

Sir John A. Macdonald's Before & After School Adventure Club 22 Harder Drive Monday - Friday 7:30 a.m. - 8:45 a.m. and 2:50 p.m. - 5:30 p.m.

St. Michael's School After School Program 273 Church Street Monday - Friday 2:30 p.m. - 5:30 p.m.

#### **TRENTON**

Trent River Before and After School Program
84 Dixon Drive, Trenton
Monday - Friday 6:30 a.m. to 9:00 a.m.; 3:20 p.m. - 5:30 p.m.

#### **FRANKFORD**

Frankford School, School Age Program
36 Adelaide Street, Frankford
Monday - Friday 7:30 a.m. to 9:15 a.m.; 3:35 p.m. - 5:30 p.m.





### **HOUSING SERVICES**

### HASTINGS COUNTY HOUSING SERVICES

Our mission is to provide safe, modest, affordable housing to low-income households in Hastings County.

Housing Services provides subsidized and supportive housing, rent supplement/housing allowances and other related programs to support our residents. As the designated Service Manager for Hastings County, Housing Services also manages the centralized waiting list.

Housing units are located throughout Hastings County, in the following locations:

- Bancroft
- Belleville
- Coe Hill
- Deseronto
- Frankford (Quinte West)
- Madoc
- Marmora
- Stirling
- Trenton (Quinte West)
- Tweed



To apply for social housing, contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300. To reach Housing Services staff, contact: 613-966-1311 or 1-800-267-0575.

Applications are available at any Community and Human Services office in Hastings County (see back cover for contact information), or by visiting our website at: <a href="https://www.hastingscounty.com">www.hastingscounty.com</a>.

### HOUSING RESOURCE WORKER PROGRAM

A program within Housing Services that supports individuals at risk of becoming homeless, provides living assistance, safety check-ins, and connects people with community supports. For more information or to make a referral, please contact 613-966-1311 or 1-800-267-0575.





### **HOUSING SERVICES**

#### **Hastings Housing Resource Centre (HHRC)**

The HHRC provides intensive housing support services through the intensive case management program to individuals/families 16 years of age and older who are facing homelessness (within 2 weeks or currently experiencing homelessness in Hastings and Prince Edward Counties). In office and virutal appointments are offered to individuals who meet the program criteria. Visit: <a href="https://www.hastingshousing.com">www.hastingshousing.com</a> or call/visit:

**Belleville**: 210-A Front St. 3rd floor (Youthab) Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-969-1748

**Trenton**: 81 Dundas St. W. (Career Edge); Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-392-9157 x339

#### The Enrichment Centre for Mental Health

The Enrichment Centre for Mental Health provides transitional housing for a safe and affordable cooperative housing program for singles, youth, and seniors who are either homeless, or at risk for homelessness for up to 364 days. The broader community of Hastings County is welcomed to access:

- Employment support and counselling (15 years and older)
- Community counselling (24 years and older)
- Recovery support groups, including suicide bereavement

For further information contact: 613-969-8874 250 Sidney Street, Building 59, Belleville

### **Youth Habilitation Quinte (Youthab)**

Youthab provides a supportive housing program for young adults (16-24 years old). Services include:

The **Transition Home** is a life skills based program supporting youth with their transition to independence.

The **Cooperative Housing Program** is a second stage housing program that continues to support youth that have successfully completed the Transition Home Program.

For more information on these programs please visit: youthab.ca or call 613-969-9765 Monday - Friday, 8:30 a.m.- 4:30 p.m.

### **Hastings County Rent Connect Program**

Provides up-to-date rental listings in Hastings County at <a href="https://www.hastingscounty.com/rentconnect.">www.hastingscounty.com/rentconnect.</a>

If an in-person appointment is needed, please contact: 613-966-1311 x2508 (Belleville); 613-392-1387 x2216 (Quinte West); 613-473-5258 x3444 (Madoc); 613-332-3410 x6329 (Bancroft).





### **LEGAL SERVICES**

### **Community Advocacy and Legal Centre**

Non-profit community legal clinic provides free legal information, advice and advocacy for low-income individuals throughout Hastings County. The clinic can help with problems with Tenant's Rights (Tenant Hotline and the Tenant Duty Counsel program), Income Assistance, Employment Problems, Sexual Harassment at work, Consumer and Debt, Human Rights and Discrimination, and Seniors' Legal Problems including wills and powers of attorney.

Call the Belleville office at (613) 966-8686 or 1-877-966-8686, use our online form <a href="https://bit.ly/calc-help">https://bit.ly/calc-help</a>, or email us at <a href="mailto:contact@calc.clcj.ca">contact@calc.clcj.ca</a> to request help or to make an appointment to meet with us in any of our offices. Belleville, 158 George Street (Level 1) Monday - Friday 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m.

We have part-time satellite offices in Trenton, Madoc, Bancroft, Marmora and Tweed. Call our Belleville office to arrange an appointment in any of these offices.

For more information, please visit: <a href="https://www.communitylegalcentre.ca">www.communitylegalcentre.ca</a>.

### **Legal Aid Ontario**

Services provided by Legal Aid Ontario include:

- Advice Lawyers lawyers can give advice on family or criminal law on the phone (20 minutes of free advice) or you can get family law advice in person at local Family Law Information Centre (FLIC), Belleville, 1-800-668-8258. Drop-in clinic, Family Advice Lawyer, Quinte Courthouse, Room 1306 have temporarily suspended in-person appointments.
- Certificates given, if you qualify, for representation non family, criminal, or immigration law matters
- Duty Counsel services are offered in most courts
- Telephone Applications for Certificates

To find out more about Legal Aid services, please call the Client Service Centre at 1-800-668-8258. TTY, call 1-866-641-8867. Press "0" and ask to speak to a client service representative or visit: <a href="legalaid.on.ca">legalaid.on.ca</a>.





### **EMPLOYMENT AND FINANCIAL SERVICES**

#### **ONTARIO WORKS**

Applications for Ontario Works are completed online or over the phone:

- Apply online, 24 hours/day English: Ontario.ca/socialassistance
- French: Ontario.ca/aidesociale
- Call toll-free: 1-888-999-1142 Monday Friday 8:30 a.m. 5:00 p.m.
- Call toll-free TTY: 1-800-387-5559
- Contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300
- For general inquiries about Community and Human Services programs and services, or to submit documents via attachment, email: <a href="mailto:inquiry@hastingscounty.com">inquiry@hastingscounty.com</a>

After-Hours Emergency Homelessness Services: 1-877-528-9514 (Monday-Friday 4:30 p.m. - 8:30 a.m., 24-hours on Weekends/Holidays)

In addition to referrals to Employment Ontario for employment assistance activities, Ontario Works provides Life Stabilization supports such as connection to community, personal safety, health, and life skills services, resources, and programs.

#### Employment Ontario Agencies

Employment Ontario Agencies also offer employment services at these sites:

Bancroft - Loyalist College - 195 Hastings St. N. - 613-332-1743 ext. 1

Belleville - Loyalist College - 54 Dundas St. E. - 613-966-0205

Belleville - Meta Employment Services - 161 Bridge St. W. - 613-966-9069

Belleville - Career Edge (Youth only) - 210A Front St. - 613-969-0830

Trenton - Career Edge - 81 Dundas St. - 613-392-9157

### **Community Trusts**

Community Trusts provides assistance to low-income residents.

There are three contacts for Community Trust:

Belleville: 613-962-3070

**Central Hastings**: 613-473-5258

North Hastings: 613-332-3657 Inquire about additional services:

- Harvest the North Community Gardens (for own garden or to help)Wood Share (emergency wood for heating to residents of the North)
- Food Share (dried, canned, frozen and fresh food)





### **DOMESTIC VIOLENCE**

If you are living in a violent or abusive situation, Ontario Works can help. For financial assistance please call: 613-966-1311 or 1-800-267-0575.

- Money may be provided to help you move out immediately
- Money may be provided to help you set up a home in the community if you are leaving an abusive home, an interval home, or a shelter.

**Three Oaks** Safe shelter, second stage housing, and services for women and children experiencing intimate partner violence. 24-hour crisis line: 613-966-3074 or 1-800-267-0533 <a href="https://www.threeoaks.ca">www.threeoaks.ca</a>.

Maggie's Resource Centre of North Hastings Provides transitional housing and support for women in crisis. Call: 613-332-3010 (after hours services available).

#### **MENTAL HEALTH SERVICES**

#### **Enrichment Centre for Mental Health**

Provides various free programs and services for people with mental health issues such as: emergency housing; return-to-work program; group programs and individual counselling; assertive telephone outreach program.

Monday - Friday 8:30 a.m. - 4:30 p.m. www.enrichmentcentre.ca
250 Sidney Street, Building 59, Belleville 613-969-8874

### **CMHA Hastings Prince Edward Addictions and Mental Health Services**

We provide a range of client-centred addictions and mental health services and supports throughout Hastings and Prince Edward Counties to individuals 16 and older. View our programs at: <a href="www.cmhahpe.ca/programs-and-services/">www.cmhahpe.ca/programs-and-services/</a>

Monday - Friday 8:30 a.m. - 4:30 p.m. excluding holidays Belleville (Main Office) 250 Sidney Street, Suite 101, 613-967-4734

Bancroft 1P Manor Lane, Unit 4, 2nd Floor 613-332-3826 Madoc 7-52 Lawrence Street East 613-473-9914

Trenton 24 Dundas Street East 613-394-1655

Men's Treatment Residence: 613-962-7838

Court Diversion: 613-968-1111

www.cmhahpe.ca

**Crisis Line**: 613-969-7400 ext. 2753 or 1-888-757-7766 - 24 hours/day, 7 days/week (walk-in service, virtual, and in-person counselling available)

**Suicide Crisis Help Line**: 9-8-8

Regional Coordinated Access: accessmha.ca: Referral/access to services related to mental health and substance use health in Hastings County.





### **MENTAL HEALTH SERVICES - Continued**

#### **Peer Support South East Ontario (PSSEO)**

Provides peer support for individuals 16+ living with addictions and/or mental health barriers. There are 4 Peer Support Centres within Hastings County. The Centres offer safe, non-judgmental, non-clinical peer support, wellness-based groups and activities, free lunch/laundry/coffee, computer access, and harm reduction services (needle exchange and naxolone).

Peer Support Centres are located at:

Bancroft: 23 Bridge Street West, 613-332-4056 Weekdays 10 - 3

Belleville: 391 Front Street, 613-969-1772 Weekdays 10 - 3, Saturday 9 - 2

Madoc: 56 Russell Street, 613-473-4111 Monday - Thursday 9:30 - 2:30

Trenton: 76 Dundas Street West, 613-394-3449 Weekdays 10 - 3

PSSEO also provides community peer support on a one-to-one basis, for those with barriers to Support Centre access. The Transitional Discharge Model of peer support connects individuals with one-to-one peer support following discharge from inpatient mental health units.

PSSEO also has Virtual Peer Support available through <a href="https://www.psseo.ca">www.psseo.ca</a> where contact and additional service information is located.

### **Emergency Shelter Resources**

**Grace Inn Shelter:** Shelter and services (breakfast, lunch, and system navigation) for adult guests ages 18 and over.

21 bed shelter with 16 beds available for male identifying and 5 available for female identifying individuals. Business Line: 613-966-2898 Intake at 9:00 p.m. and discharge at 8:00 a.m. info@graceinnshelter.com

**Drop-In Centre** Open seven days a week from 8:30am-7:30pm and provides basic needs for those experiencing homelessness in the Belleville area. Services include: washrooms, showers, laundry, indoor space, breakfast, lunch, toiletries, phone, computer access, connections to community services. 60 Bridge St E, Belleville ON

For more information, please call the John Howard Society at 613-968-6628.

#### **Domestic Violence Shelter Resources**

**Three Oaks Foundation:** Shelter and services for women and their children experiencing intimate partner violence. 24-hour Crisis Line: 1-800-267-0533 Business Line: 613-967-1416

Red Cedars Shelter: Shelter and services for women and children leaving abusive situations. 24-hour Crisis Line: 1-800-672-9515 Office: 613-967-2003

**Interval House (Napanee):** Shelter and services for abused women and their children for up to 6 weeks.

24-hour Crisis Line: 1-800-667-1010 Business Line: 613-354-0808





### TRANSITIONAL HOUSING RESOURCES

#### **Quinte West Transitional Units**

Available to families; can stay for up to 60 days while transitioning to permanent housing. Individuals will be referred to housing resources with the goal of securing permanent housing/accommodation before the end of their 60-day stay.

Contact: Quinte West Community and Human Services Office 613-392-1387

Note: After Hours service is not available - must be referred during regular business hours.

#### **Enrichment Centre for Mental Health**

Vacancies are filled on a first come first serve basis and the length of stay is conditional upon the individual's efforts to achieve their goals. Rent is charged according to Ontario Works (OW) or Ontario Disability Support Program (ODSP) rental allowance rates. Individuals in the transitional housing program will be provided with the opportunity to work with a Enrichment Centre Counsellor, bi-weekly, on goals such as securing safe affordable housing, obtaining personal documents and finding employment. There are a total of 20 beds in designated seniors, male and female houses.

Anyone can be referred or refer themselves to the program. However, the potential individual must contact the Housing Program Manager to determine if they are a suitable fit for the program by setting up an intake appointment.

Referrals are made by calling the Enrichment Centre at: (613) 969-8874. Monday - Friday 8:30 a.m. - 4:30 p.m.





#### TRANSITIONAL HOUSING AND OTHER RESOURCES

### **All Together Housing Corporation**

The Corporation owns and operates a five-unit building at 51 Victoria Avenue in Belleville and a 32-unit building at Great St. James for low-income individuals. Tenants are referred to our units and supported by community agencies that are members of our Quinte Community and Housing First Partnership. Contact: 613-210-0984, alltogether.housing@gmail.com.

### **North Hastings Community Trust Harm Reduction**

Street-based outreach program that offers referrals to supports, basic needs supplies, and harm reduction kits. Training and workshops available. Call for more information: 613-332-3657

#### **Sexual Assault Centre for Quinte & District**

For individuals aged 16 and over, offering confidential, non-judgmental support for survivors of sexual violence. Each year, the Sexual Assault Centre for Quinte & District helps hundreds of clients deal with the devastating effects of sexual violence. Through our counselling and support groups, Paths of Courage Residential Healing Program, SACQD staff and volunteers reach out to survivors and their families. The Paths of Courage Residential Healing Program is OPEN to all Residents of Ontario.

613-967-6300 www.sacqd.com

In-person and virtual appointments available.





### TRANSPORTATION SERVICES

#### **BELLEVILLE TRANSIT**

Main Intercity Terminal: 165 Pinnacle Street

**Belleville Transit** operates 7 days a week, servicing the urban area of the City.

For schedules and further information call 613-962-1925 or visit the website: <a href="https://www.city.belleville.on.ca">www.city.belleville.on.ca</a> and click on: Transit.

#### **CENTRAL HASTINGS PUBLIC TRANSIT**

The Phase 1 Route travels through the municipalities of Central Hastings, Marmora and Lake, and Stirling-Rawdon into the city of Belleville through an "on-demand" service. The Phase 2 Route passes through Madoc Township and the Municipality of Tweed, and then into the city of Belleville. Call 613-473-5255 or text 613-661-5254 to book your rides. 24 - 48 hours notice required, but some same-day rides may be possible. Service available 7:00 a.m. - 7:00 p.m., Monday - Friday. Visit the website: <a href="mailto:chsn.support/transit">chsn.support/transit</a>

#### **DESERONTO TRANSIT**

**Deseronto Transit** (DT) provides public transportation services to destinations including Deseronto, Napanee, Belleville, Tyendinaga Mohawk Territory. Monday - Friday 5:00 a.m. - 7:00 p.m. No weekend service. Call to book a ride or for further information at 613-396-4008 or visit the website: <a href="https://www.deseronto.ca">www.deseronto.ca</a> and click on Residents, then click Transit.

#### **QUINTE TRANSIT (QUINTE ACCESS)**

There are 4 transit routes that travel within Trenton ward of Quinte West and 2 regional routes (Trenton - Belleville, Picton - Belleville). On-demand service available. For schedules and further information call 613-392-9640 or visit the website: <a href="https://www.quintetransit.ca">www.quintetransit.ca</a> and click on Public Transit.

#### **NORTH HASTINGS TRANSIT**

**Bancroft Community Transit** is a non-profit organization providing a door-to-door transportation service by volunteer drivers.

Monday - Friday 9:00 a.m. - 3:30 p.m. (closed 12:00 p.m. - 1:00 p.m.)

For schedules and further information

call 613-332-8291 or visit the

website: www.bancroftcommunitytransit.com.





### CHILDREN'S RECREATION PROGRAMS

### PLAYING FOR KEEPS (THE CHILDREN'S FOUNDATION)

Playing for Keeps subsidizes registration fees for sports and other recreational activities for children when finances are a barrier to participation. Through an easy online format, families can apply to have a portion of fees sent directly to the program or organization. Any family being supported by Highland Shores Children's Aid or living with low income is welcome to apply. For further information contact The Children's Foundation at 613-962-9292.

www.thechildrensfoundation.ca (online application)

#### **CAMPS OF HOPE**

Camps of Hope subsidizes registration fees for families in need. It provides children with an opportunity to develop their social skills, self-esteem, self-confidence, independence, and leadership skills. The Camps of Hope program is available year-round for both day camps and overnight experiences for youth ages 4-18.

For further information contact the Children's Foundation at 613-962-9292. <a href="www.thechildrensfoundation.ca">www.thechildrensfoundation.ca</a> (can apply online)

### **BELLEVILLE YOUTH CENTRE**

The Belleville Youth Centre (BYC) runs a variety of free recreation programming year-round from Monday to Thursday for youth aged 10-24. They are a safe, inclusive space for all youth looking for opportunities to have fun and connect with peers. The BYC is located at 19-21 Wallbridge Crescent in Belleville.

For more information, please contact 613-922-3867.

### **QUINTE WEST YOUTH CENTRE**

A safe, inclusive, and welcoming space dedicated to empowering the youth (10-18) of Quinte West. Providing opportunities for growth within each youth through need-based programming.

Dinner available between 5:00 p.m. - 7:00 p.m.

Tuesday - Friday 3:00 p.m. - 7:00 p.m.

2 Wooler Road, Trenton. 613-392-6946 www.qwyc.ca

COMMUNITY SERVICES



### OTHER COMMUNITY SERVICES

#### ABIGAIL'S LEARNING CENTRE

Services and supports for young children, youth, and families, including education, food programs, and licensed childcare. Parenting, life skills, and cooking skills programs are available.

119 Station Street, Belleville 613-961-1884

Monday - Friday 7:00 a.m. - 4:30 p.m.

#### **INDIGENOUS SERVICES**

For a list of Indigenous Services, please refer to the Guide for Indigenous Families and Children by following the link: www.kflachildrenandyouthservices.ca/aboriginal-guide/

#### **QUINTE IMMIGRATION SERVICES**

For the range of free services available for newcomers of all statuses and their families in the Quinte area, please visit: <a href="https://www.quinteimmigration.ca">www.quinteimmigration.ca</a> or call 613-968-7723 ext 0 to book an appointment (no current walk-ins due to COVID). Open 8:00 a.m. - 4:00 p.m. 2-345 College Street East, Belleville

#### 211

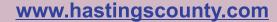
211 is Canada's primary source of information for government and community-based, non-clinical health and social services. The free and confidential service can be accessed 24 hours/day, in more than 150 languages by phone, chat, text, and web (211.ca). 211 helps connect people to the right information and services, making their pathway to care and resources a guided and trusted one.

### **HELPSEEKER**

Helpseeker is a free smartphone app that connects you to over 500 local support services, including mapping of locations.









#### **OFFICE LOCATIONS & CONTACT INFORMATION**

#### **BANCROFT - ONTARIO WORKS**

1 Manor Lane, Level 2, Suite 3, P.O. Box 1860

Bancroft, ON K0L 1C0

Tel: 613-332-3410 Fax: 613-332-5550

Toll Free: 1-866-569-1941

# BELLEVILLE - ONTARIO WORKS/CHILDREN'S SERVICES/HOUSING SERVICES

228 Church Street - Postal Bag 6300

Belleville, ON K8N 5E2

Tel: 613-966-1311 Fax: 613-966-4598

Toll Free: 1-800-267-0575

#### QUINTE WEST - ONTARIO WORKS/HOUSING PROGRAMS

91 Creswell Drive

Trenton, ON K8V 3G5

Tel: 613-392-1387 Fax: 613-392-2876

#### **MADOC - ONTARIO WORKS**

56 Russell Street North - P.O. Box 1007

Madoc, ON K0K 2K0

Tel: 613-473-5258 Fax: 613-473-1027

Toll Free: 1-866-434-4024

For After-Hours Emergency Homelessness Services Contact: 1-877-528-9514

**Ontario Disability Support Program (ODSP) 613-962-9562 or 1-800-267-4355** 

To apply for financial assistance in Hastings County, apply online at <a href="https://www.ontario.ca/socialassistance">www.ontario.ca/socialassistance</a> or 1-888-999-1142 or call our Intake Access Centre: 613-771-9630 or 1-866-414-0300

\*Please note: Information in this booklet may change at any time. For the most current information, please call the agency directly, or visit the Hastings County website (hastingscounty.com) and click under Communities and then Resources to find booklet.

Send corrections/updates to booklet to: mcewenl@hastingscounty.com







