



# COMMUNITY SERVICES

A GUIDE TO COMMUNITY SERVICES  
THROUGHOUT HASTINGS COUNTY

2026



EMPLOYMENT  
AND TRAINING



TRANSPORTATION  
AND RECREATION



HOUSING AND  
CHILDCARE



MEALS AND  
CLOTHING

# MEAL PROGRAMS

## BANCROFT

### **Peer Support South East Ontario - Bancroft Peer Support Centre (Lifehouse)**

23 Bridge St. West, Bancroft • 613-332-4056

Monday - Friday, 10:00 a.m. - 3:00 p.m.

- Free daily lunch - sign up by 11:00 am, lunch served at noon
- Free fruit available weekly
- Free laundry

### **St. John's Anglican Church**

(\$6.00 Meal - \$6.50 Takeout)

21 Flint Avenue, Bancroft • 613-332-3662

Tuesday, 11:00 a.m. - 12:30 p.m.

## BELLEVILLE

### **Eastminster United Church**

Open Door Meal (Hot Meals) - Open for Everyone

432 Bridge Street East • 613-969-5212

Wednesday, 11:30 a.m. - 12:00 p.m.

### **Michelangelo's Cafe - Gleaner's Food Bank (Free)**

25 Wallbridge Crescent • 613-962-9043

Monday - Friday, 9:00 a.m. - 12:00 p.m.

Free sandwiches, pastries, hot/cold beverages, and other take-away items available.

### **Bridge Street Church**

Free Frozen Meal

60 Bridge St. East • 613-962-9178

TGIF (Friday) Frozen Meal, Every Friday 11:30 a.m. - 1 p.m. Or 4:30-6p.m.

Piece of ID is required for first time visitors.

[www.bridgestreetchurch.com](http://www.bridgestreetchurch.com)

### **Salvation Army**

Free Dinner • 295 Pinnacle St. 613-968-6834

Monday - Thursday, Saturday, 4:00 p.m. - 5:30 p.m.

### **Christmas Sharing Program (Seasonal)**

Call for information • 613-969-1020

or apply online: [www.christmassharing.org](http://www.christmassharing.org) or email [christmassharingprogram@bellnet.ca](mailto:christmassharingprogram@bellnet.ca)

### **Peer Support South East Ontario - Belleville Peer Support Centre (Freedom Centre)**

391 Front Street, Belleville • 613-969-1772

Monday - Friday, 10:00 a.m. - 3:00 p.m. Saturday 9:00 a.m. - 2:00 p.m.

Saturday Breakfast sign-up by 10:15 a.m. - served at 11:00 a.m.

Lunch sign-up by 11:15 a.m. - served at 12 noon, free fruit available weekly

# MEAL PROGRAMS

## DESERONTO

### **Community Care Meal Program**

293 Main Street, Deseronto 613-396-6591

Monday and Friday, first come, first serve after 1:30 p.m.

## MADOC

### **Peer Support South East Ontario- Madoc Peer Support Centre**

56 Russell Street, Madoc • 613-473-4111

Monday - Friday, 9:30 a.m. - 2:30 p.m.

Free lunch - sign up by 11:00 a.m., lunch at noon

Free access to laundry machines

## QUINTE WEST

### **Community Partners for Success**

50 Elgin Street (Trenton) • 613-965-1167

Breakfast: Monday, Wednesday 9:00 a.m. - 2:00 p.m. and Friday 9:00 a.m. - 12:00 p.m.

Lunch: Tuesday, Thursday 11:00 am - 3:00 p.m. and dinner 3:00 p.m. - 5:00 p.m.

**As of May 1, 2026:** Monday - Friday 10:00 a.m. - 4:30 p.m. daily.

But Monday, Wednesday, Friday breakfast only and Tuesday and Thursday dinner only.

Other Services: Free clothing, hygiene products, and survival supplies

### **New Beginnings Support Centre (Lunch Program)**

76 Dundas Street West (Trenton) 613-394-3449

See Peer Support South East Ontario (pg. 13) for details.

Free lunch Monday- Friday at Noon (sign-up by 11:30 a.m.)

### **Trenton United Church (Lunch Program)**

85 Dundas Street East (Trenton) 613-392-6001

1st and 3rd Friday, 11:00 a.m. - 12:30 p.m.

Runs Year Round

### **St. George's Anglican Church (Free Lunch Program)**

9 Byron Street (Trenton) 613-394-4224 ext. 2

1st and 3rd Thursday, 11:30 a.m. - 12:30 p.m. Eat-In or Take-Out

### **St. James Anglican Church and Catherine's Kitchen (Free Lunch Program)**

15 South Street (Trenton) 613-438-3874

Monday - Friday, 11:00 a.m. - 12:30 p.m.

- Fridays have additional take-away lunch.

### **At the Crossroads Church (Free Hamper Program)**

24 Dundas Street West (Trenton) 613-392-8200

Contact about applying in November for the Hamper Program in December

[www.hamperregister.com](http://www.hamperregister.com)

# FOOD BANKS

## BANCROFT

### **North Hastings Children's Services**

20 Hastings Heritage Way, Bancroft • 613-332-0179

Emergency Food Bank

- Call or check Facebook page for information on programs/times

### **North Hastings Community Cupboard Food Bank**

2 Madawaska Street, Bancroft • 343-476-0177

Tuesday/Wednesday/Friday, 11:00 a.m. - 2:00 p.m.

Thursday, 4:00 p.m. - 7:00 p.m.

### **North Hastings Community Trust Food Share (Seasonal Wood Share also)**

19 Valleyview Drive, Bancroft • 613-332-3657

Thursday, Friday, 10:00 a.m. - 3:00 p.m.

[www.northhastingscommunitytrust.org](http://www.northhastingscommunitytrust.org)

## BELLEVILLE

### **Gleaners Food Bank**

25 Wallbridge Crescent • 613-962-9043

- Drop-in's welcome! Appointments and delivery options may also be available, call or check online at [www.gleanersfoodbank.ca](http://www.gleanersfoodbank.ca). Flexible appointment times available through referral by community partners.

### **Salvation Army Secondary Food Bank**

290 Bridge Street West • 613-968-6834

- By appointment only, bring ID, Monday, Tuesday, Thursday, 1:00 p.m. - 3:30 p.m.

## COE HILL

### **Tri-Township Food Basket - Royal Canadian Legion Branch 581**

5526, Hwy 620

12:00 p.m. - 2:00 p.m.

Every Wednesday- Bring ID

Gail: 613-337-8616

Sue: 613-337-5339

Judy: 613-474-1081

## DESERONTO

### **Helping Hands Food Bank - Lion's Club**

316 Edmon Street, side entrance of Fire Hall 613-396-2440

3rd Thursday every month (please call ahead), 10:00 a.m. - 1:00 p.m.

## FRANKFORD

### **Frankford Food Pantry**

149 King Drive Wednesday Friday • 613-398-7681

Wednesday, 5:30 p.m. - 7:00 p.m. Friday, 10:00 a.m. - 12:00 p.m.

# FOOD BANKS

## LAKE ST. PETER

### **The Word of Life Outreach Food Bank**

2016 Hwy 127 • 613-338-2121  
Tuesday, 10:00 p.m. - 3:00 p.m.

## MADOC

### **Helping Hands Food Bank**

151 St. Lawrence St. East • 613-473-5255  
Monday, 10:00 a.m. - 1:00 p.m., Wednesday, 10:00 a.m. - 2:00 p.m.,  
Thursday 10:00 a.m. - 5:00 p.m.  
[www.chsn.support/food-bank](http://www.chsn.support/food-bank)

## MARMORA

### **Helping Hands Food Bank**

37 Forsythe Street (Library) • 613-438-5407  
Tuesday, 1:00 p.m. - 2:30 p.m.

## MAYNOOTH

### **Maynooth and Area Food Bank**

33064 Hwy 62 (Holy Trinity Anglican Church) • 613-338-2085  
2nd and 3rd Thursday each month, 11:30 a.m. - 12:30 p.m.

## STIRLING

### **Stirling & Area Christian Community Care - Community Cupboard**

85 Station Street • 613-395-3952  
Every Thursday except for the 1st Thursday of the month, 10:00 a.m. - 12:00 p.m. and  
The 2nd and 4th Thursday every month 7:00 p.m. - 9:00p.m.

## TRENTON

### **Care and Share Food Bank (Bring ID and Proof of Address)**

30 Pelham Street - #2 • 613-394-5551  
Monday, Tuesday, Thursday, Friday 10:00 a.m. - 12:30 p.m.  
Every 3rd Thursday of the month, 6:00 p.m. - 8:00 p.m.

## TWEED

### **Tweed Food Bank - Salvation Army**

596 Moira Street • 613-478-5544  
Wednesday, Friday, 11:00 a.m. - 3:00 p.m.

# OTHER COMMUNITY FOOD PROGRAMS

## THE HASTINGS AND PRINCE EDWARD LEARNING FOUNDATION

Provides universal programs and services that helps students overcome barriers and help them succeed in school in a non-stigmatizing way.

**Student Emergency Fund** is a program accessible through school principals that children and their families can access in emergency situations that are unexpected, unforeseen, and require immediate action so students can continue to fully participate in their learning.

**Sharing Cupboards** are currently available in 7 local schools which includes all secondary schools in HPEDSB, to provide a supply of nutritious food and household items for students to take home.

**Food For Learning** is available in all local schools, providing student nutrition programs including breakfast, lunch or snacks that welcomes all students, no questions asked or payment required.

For more information please contact Kellie Brace, Executive Director: [kbrace@hpelf.ca](mailto:kbrace@hpelf.ca)  
613-966-1170 ext 62232 [www.hpelearningfoundation.ca](http://www.hpelearningfoundation.ca).

## COMMUNITY DEVELOPMENT COUNCIL OF QUINTE (CDC)

The aim of CDC programs is to support families by creating opportunities for self-help. Programs include: Good Food Box (GFB), Good Baby Box (GBB), and Community Gardens. For more details on any of these programs, call: 613-968-2466; visit 65 Station Street, Belleville; or online at: [www.cdcquinte.com](http://www.cdcquinte.com)

### Distribution Depots

Bancroft - North Hastings Community Cupboard: 343-476-0177 (GFB)  
Bancroft - North Hastings Children's Services: 613-332-0179 (GBB)  
Belleville - Community Development Council of Quinte: 613-968-2466 (GFB) (GBB)  
Belleville - Community Health Centre: 613-962-0000 ext. 0 (GFB)  
Coe Hill - Wollaston Public Library: 613-337-5183 (GFB)  
Deseronto Community Care South Hastings: 613-396-6591 (GFB) (GBB)  
Frankford - Community Partners for Success: 613-848-3042 (GFB)  
Limerick Township Office: 613-474-2863 (GFB)  
Madoc - Central Hastings Support Network: 613-473-5255 (GBB)  
Madoc - COPE: 613-473-4158 (GFB)  
Marmara Pentecostal Church: 613-472-3219 (GFB) (GBB)  
Stirling Public Library: 613-395-2837 (GFB) (GBB)  
Trenton Military Family Resource Centre: 613-392-2811 ext. 2379 (GFB) (GBB)  
Trenton - Community Health Ctr.: 613-965-0698 ext. 0 (GFB)  
Trenton - Trent River School (Tues-Fri) 9:30 a.m.-12:00 p.m.) (GBB)  
Tyendinaga - Community Health: 613-967-3603 (GFB) (GBB)  
Tweed - Gateway Community Health Centre: 613-478-1211 ext. 333 (GFB) (GBB)

# CLOTHING PROGRAMS

## BELLEVILLE

### **St. Vincent de Paul (Minimal Cost)**

205 Coleman Street • 613-966-8005  
Monday - Friday, 10:00 a.m. - 5:00 p.m.  
Saturday, 10:00 a.m. - 3:00 p.m.

### **Belleville Pregnancy & Family Care Centre (Free Baby and Maternity Clothing and Equipment, Free Pregnancy Tests and Support, and Free Educational Programs)**

200 Dundas Street East, Suite 204 • 613-969-7866 [www.bpfcc.ca](http://www.bpfcc.ca)  
Monday - Friday, 11:30a.m. - 4:30 p.m.

## CENTRE HASTINGS

### **People Helping People (Free)**

Call Ontario Works office for referral • 613-473-5258  
Monday - Friday, 8:30 a.m. - 4:30 p.m.

## DESERONTO

### **Community Care Closet (Minimal Cost)**

297 Main Street • 613-396-6591  
Tuesday - Thursday, 10:00 a.m. - 2:00 p.m. and Friday 10:00 a.m. - 4:00 p.m.

## NORTH HASTINGS

### **New-To-You (Minimal Cost)**

189 North Hastings Street, Bancroft • 613-332-2229  
Monday - Friday, 10:00 a.m. - 4:00 p.m.

### **Choices Thrift Shop (Minimal Cost)**

12 Flint Avenue, Bancroft 613-332-0439  
Monday - Friday, 11:00 a.m. - 3:00 p.m.

### **Word Of Life Outreach Church (\$10 to Fill Large Bag)**

2016 Hwy 127, Lake St. Peter 613-338-2121  
Tuesday - Saturday, 10:00 a.m. - 3:00 p.m.

### **Bancroft Pregnancy Care Centre**

Free Maternity/Baby Clothing and Equipment, Emergency Formula and Diapers, Free Pregnancy Tests and Support, and Free Educational Programs

[www.bancroftpcc.ca](http://www.bancroftpcc.ca)

35 Sherbourne Street North 613-332-4673  
Monday - Thursday, 10:00 a.m. - 4:00 p.m.

## TWEED

### **Salvation Army (Minimal Cost)**

596 Moira Street, Tweed • 613-478-1310  
Tuesday - Friday, 10:00 a.m. - 4:00 p.m.  
Saturday, 10:00 a.m. - 3:00 p.m.

# CHILDREN'S PROGRAMS

## CHILDREN'S SERVICES

Hastings County supports a wide variety of child care programs and services including: EarlyON and Family Centres; Licensed Centre-Based and Home Based Child Care Centres; Before and After-School Programs; Child Care Fee Subsidies (full or partial), the Canada-Wide Early Learning and Child Care (CWELCC), and Special Needs Resourcing. For more information on lowering your childcare fees or to apply for child care subsidy, please contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300 (Northern Hastings County) to determine need and eligibility.

For a complete listing of our child care programs, please visit [www.hastingscounty.com](http://www.hastingscounty.com)

To register for Hastings County's Before/After School Program, contact Hastings County Children's Services at: 613-966-1311 x2612 or 1-800-267-0575.

### BELLEVILLE

#### **Sir John A. Macdonald's Before & After School Adventure Club**

22 Harder Drive

Monday - Friday, 7:30 a.m. - 8:45 a.m. and 2:50 p.m. - 5:30 p.m.

#### **St. Michael's School After School Program**

273 Church Street

Monday - Friday, 2:30 p.m. - 5:30 p.m.

### TRENTON

#### **Trent River Before and After School Program**

84 Dixon Drive, Trenton

Monday - Friday, 6:30 a.m. - 9:00 a.m.; 3:20 p.m. - 5:30 p.m.

### FRANKFORD

#### **Frankford School, School Age Program**

36 Adelaide Street, Frankford

Monday - Friday, 7:30 a.m. - 9:15 a.m.; 3:35 p.m. - 5:30 p.m.

# HOUSING SERVICES

## HASTINGS COUNTY HOUSING SERVICES

Housing Services' mission is to provide safe, modest, affordable housing to low-income households in Hastings County.

Housing Services provides rent-g geared-to-income housing, rent supplements, housing allowances, and other related programs to support our residents. As the designated Service Manager for Hastings County, Housing Services also manages the centralized waiting list.

Community Housing is located throughout Hastings County, in the following locations:

- Bancroft
- Belleville
- Coe Hill
- Deseronto
- Frankford (Quinte West)
- Madoc
- Marmora
- Stirling
- Trenton (Quinte West)
- Tweed

To apply for community housing, contact: 613-771-9630 or 1-866-414-0300.

To reach Housing Services staff, contact: 613-966-1311 or 1-800-267-0575.

Applications are available at any Community and Human Services office in Hastings County (see back cover for contact information),  
or by visiting our website at: [www.hastingscounty.com](http://www.hastingscounty.com)

## HOUSING RESOURCE WORKER PROGRAM

A program within Housing Services that supports individuals at risk of becoming homeless, provides living assistance, safety check-ins, and connects people with community supports. For more information or to make a referral, please contact 613-966-1311 or 1-800-267-0575.

# HOUSING SERVICES

## NEXT STEP HOUSING CONNECTION

Next Step Housing Connection provides intensive housing search support through the Intensive Case Management (ICM) program to individuals/families 16 years of age and older who are experiencing or facing homelessness in Hastings County. In-office and virtual appointments are offered by appointment only to eligible individuals who meet the ICM program criteria. Visit: [www.nextstephousing.ca](http://www.nextstephousing.ca) or call:

**Belleville:** 210-A Front St. 3rd floor (Youthab)

Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-969-1748

**Trenton:** 81 Dundas St. W. (Career Edge);

Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-392-9157 ext. 339

## THE ENRICHMENT CENTRE FOR MENTAL HEALTH

The Enrichment Centre for Health provides transitional housing for a safe and affordable cooperative housing program for singles, youth, and seniors who are either homeless or at risk for homelessness for up to 364 days. The broader community of Hastings County is welcome to access:

- Employment support and counseling (15 years and older)
- Community counseling (24 years and older)
- Recovery support groups, including suicide bereavement

For further information contact: 613-969-8874

250 Sidney Street, Building 59, Belleville

## YOUTH HABILITATION QUINTE (YOUTHAB)

Youthab offers a supportive housing program to young adults (16-24 years old). Services include:

The **Transition Home** is a life skills-based program supporting youth with their transition to independence.

The **Co-operative Housing Program** is a second-stage housing program that continues to support youth that have successfully completed the Transition Home Program.

For more information on these programs please visit: [www.youthab.ca](http://www.youthab.ca)

or call 613-969-9765 Monday - Friday, 8:30 a.m.- 4:30 p.m.

## HASTINGS COUNTY RENT CONNECT PROGRAM

Provides up-to-date rental listings in Hastings County at:

[www.hastingscounty.com/rentconnect](http://www.hastingscounty.com/rentconnect)

If an in-person appointment is needed, please contact:

- 613-966-1311 x2508 (Belleville)
- 613-392-1387 x2216 (Quinte West)
- 613-473-5258 x3444 (Madoc); 613-332-3410 x6329 (Bancroft).

# LEGAL SERVICES

## COMMUNITY ADVOCACY AND LEGAL CENTRE

Non-profit community legal clinic provides free legal information, advice and advocacy for low-income individuals throughout Hastings County. The clinic can help with problems with Tenant's Rights (Tenant Hotline and the Tenant Duty Counsel program), Income Assistance, Employment Problems, Sexual Harassment at work, Consumer and Debt, Human Rights and Discrimination, and Seniors' Legal Problems including wills and powers of attorney.

Call the Belleville office at (613) 966-8686 or 1-877-966-8686, use our online form <https://bit.ly/calc-help>, or email us at [contact@calc.clcj.ca](mailto:contact@calc.clcj.ca) to request help or to make an appointment to meet with us in any of our offices.

Belleville, 158 George Street (Level 1)

Monday - Friday 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m.

We have part-time satellite offices in Trenton, Madoc, Bancroft, Marmora and Tweed. Call our Belleville office to arrange an appointment in any of these offices.

For more information, please visit: [www.communitylegalcentre.ca](http://www.communitylegalcentre.ca)

## LEGAL AID ONTARIO

Services provided by Legal Aid Ontario include:

- Advice Lawyers - lawyers can give advice on family or criminal law on the phone (20 minutes of free advice) or you can get family law advice in person at local Family Law Information Centre (FLIC), Belleville, 1-800-668-8258. Drop-in clinic, Family Advice Lawyer, Quinte Courthouse, Room 1306 have temporarily suspended in-person appointments.
- Certificates - given, if you qualify, for representation non family, criminal, or immigration law matters
- Duty Counsel- services are offered in most courts
- Telephone Applications for Certificates

To find out more about Legal Aid services, please call the Client Service Centre at 1-800-668-8258. TTY, call 1-866-641-8867. Press "0" and ask to speak to a client service representative or visit: [www.legalaid.on.ca](http://www.legalaid.on.ca)

# EMPLOYMENT & FINANCIAL SERVICES

## ONTARIO WORKS

Applications for Ontario Works are completed online or over the phone:

- Apply online, 24 hours/day - English: [Ontario.ca/socialassistance](https://ontario.ca/socialassistance)
- French: [Ontario.ca/aidesociale](https://ontario.ca/aidesociale)
- Call toll-free: 1-888-999-1142 Monday-Friday 8:30 a.m. - 5:00 p.m.
- Call toll-free TTY: 1-800-387-5559
- Contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300

For general inquiries about Community and Human Services programs and services, or to submit documents via attachment, email: [inquiry@hastingscounty.com](mailto:inquiry@hastingscounty.com)

**After-Hours Emergency Homelessness Services: 1-877-528-9514**  
**(Monday-Friday 4:30 p.m. - 8:30 a.m., 24-hours on Weekends/Holidays)**

In addition to referrals to Employment Ontario for employment assistance activities, Ontario Works provides Life Stabilization supports such as connection to community, personal safety, health, and life skills services, resources, and programs.

## EMPLOYMENT ONTARIO AGENCIES

Employment Ontario Agencies also offer employment services at these sites:

Bancroft- Community Employment Services - 195 Hastings St. N. - 613-332-1743 ext. 1

Belleville - Community Employment Services - 284 Wallbridge-Loyalist Rd.

Pioneer Building - 613-966-0205

Belleville - Meta Employment Services - 100 Bell Blvd., Suite 330 - 613-966-9069

Belleville - Career Edge (Youth only) - 210A Front St. - 613-969-0830

Belleville - Enrichment Centre for Mental Health - 250 Sidney St., Building 59 - 613-969-8874

Belleville - Agilec - 470 Dundas St. East, Unit 7 - 613-779-0494

Trenton - Career Edge - 81 Dundas St. - 613-392-9157

## COMMUNITY TRUSTS

Community Trusts provides assistance to low-income residents. There are two contacts for Community Trust:

**Belleville:** 613-962-3070

**Central Hastings (People Helping People):** 613-473-5258

# URGENT SERVICES

## DOMESTIC VIOLENCE

If you are living in a violent or abusive situation, Ontario Works can help. For financial assistance please call: 613-966-1311 or 1-800-267-0575.

- Money may be provided to help you move out immediately
- Money may be provided to help you set up a home in the community if you are leaving an abusive home, an interval home, or a shelter.

**Three Oaks** Safe Shelter, second-stage housing, and services for women and children experiencing intimate partner violence. 24-hour crisis line: 613- 966-3074 or 1-800-267-0533 [www.threeoaks.ca](http://www.threeoaks.ca)

**Maggie's Resource Centre of North Hastings** Provides transitional housing and support programs for women in crisis including the Investing in Women's Futures Program. Call: 613-332-3010 (after-hours services available).

## MENTAL HEALTH SERVICES

### Enrichment Centre for Mental Health

Provides various free programs and services for people with mental health issues such as: emergency housing; return-to-work program; group programs and individual counselling; assertive telephone outreach program.

Monday - Friday 8:30 a.m. - 4:30 p.m. [www.enrichmentcentre.ca](http://www.enrichmentcentre.ca) 250 Sidney Street, Building 59, Belleville 613-969-8874

### CMHA Hastings Prince Edward Addictions and Mental Health Services

We provide a range of client-centered addictions and mental health services and supports throughout Hastings and Prince Edward Counties to individuals 16 and older. View our programs at: [www.cmhahpe.ca/programs-and-services/](http://www.cmhahpe.ca/programs-and-services/)

Monday - Friday 8:30 a.m. - 4:30 p.m. excluding holidays

Belleville (Main Office) 250 Sidney Street, Suite 101, 613-967-4734

Bancroft 1P Manor Lane, Unit 4, 2nd Floor 613-332-3826

Madoc 7-52 Lawrence Street East 613-473-9914

Trenton 24 Dundas Street East 613-394-1655

Men's Treatment Residence: 613-962-7838

Court Diversion: 613-968-1111

[www.cmhahpe.ca](http://www.cmhahpe.ca)

**Crisis Line:** 613-969-7400 ext. 2753 or 1-888-757-7766 - 24 hours/day, 7 days/week (walk-in service, virtual, and in-person counselling available)

**Suicide Crisis Help Line:** 9-8-8

**Regional Coordinated Access:** [accessmha.ca](http://accessmha.ca): Referral/access to services related to mental health and substance use health in Hastings County.

# URGENT SERVICES

## **Peer Support South East Ontario (PSSEO)**

Provides peer support for individuals 16+ living with addictions and/or mental health barriers. There are 4 Peer Support Centres within Hastings County. The Centres offer safe, non-judgmental, non-clinical peer support, wellness-based groups and activities, free lunch/laundry/coffee, computer access, and harm reduction services (needle exchange and naxolone).

Peer Support Centres are located at:

Bancroft: 23 Bridge Street West, 613-332-4056 Weekdays 10:00 a.m. - 3:00 p.m.

Belleville: 391 Front Street, 613-969-1772 Weekdays 10:00 a.m. - 3:00 p.m.,

Saturday 9:00 a.m. - 2:00 p.m.

Madoc: 56 Russell Street, 613-473-4111 Monday - Thursday 9:30 a.m. - 2:30 p.m.

Trenton: 76 Dundas Street West, 613-394-3449 Weekdays 10:00 a.m. - 3:00 p.m.

PSSEO also provides community peer support on a one-to-one basis, for those with barriers to Support Centre access. The Transitional Discharge Model of peer support connects individuals with one-to-one peer support following discharge from inpatient mental health units.

PSSEO also has Virtual Peer Support available through [www.psseo.ca](http://www.psseo.ca) where contact and additional service information is located.

## **EMERGENCY SHELTER RESOURCES**

### **Grace Inn Shelter**

21 bed emergency shelter for adult guests ages 18 and over, who are experiencing homelessness. Guests can stay at the shelter for up to 30 consecutive nights with a 7 day service break in between, where they can have their basic needs met including:

- nutritious meals
- hygiene products
- minor wound care
- access to showers and laundry services
- basic needs (meals, clothing, personal hygiene supplies)
- systems navigation is available

The shelter serves both female and male guests, 5 beds for female identifying individuals and 16 beds for male identifying individuals.

Business Line: 613-966-2898 Intake at 9:00 p.m. and discharge at 8:00 a.m.

[info@graceinnshelter.com](mailto:info@graceinnshelter.com) [www.graceinnshelter.com](http://www.graceinnshelter.com)

### **Drop-In Centre (Not a Homeless Shelter)**

Open 7 days a week from 8:30 a.m. - 7:30 p.m. and 8:30 p.m. - 7:30 a.m., Closed for two 1-hour periods for staff changes & cleaning. provides basic needs for those experiencing homelessness in the Belleville area.

Services include: washrooms, showers, laundry, indoor space, breakfast, lunch, toiletries, phone, computer access, connections to community services.

60 Bridge St E, Belleville ON

For more information, please call the John Howard Society at 613-968-6628.

## **DOMESTIC VIOLENCE SHELTER RESOURCES**

### **Three Oaks Foundation**

Shelter and services for women and their children experiencing intimate partner violence.

24-hour Crisis Line: 1-800-267-0533 Business Line: 613-967-1416.

# URGENT SERVICES

## **Red Cedars Shelter**

Shelter and services for women and children leaving abusive situations.  
24-hour Crisis Line: 1-800-672-9515 Office: 613-967-2003

## **Interval House (Napanee)**

Shelter and services for abused women and their children for up to 6 weeks.  
24-hour Crisis Line: 1-800-667-1010 Business Line: 613-354-0808 or text: 613-449-1080.

## **TRANSITIONAL HOUSING RESOURCES**

### **Quinte West Transitional Units**

Available to families; can stay for up to 60 days while transitioning to permanent housing. Individuals will be referred to housing resources with the goal of securing permanent housing/accommodation before the end of their 60-day stay.  
Contact: Quinte West Community and Human Services Office 613-392-1387.  
Note: After Hours service is not available - must be referred during regular business hours.

### **Enrichment Centre for Mental Health**

Vacancies are filled on a first come first serve basis and the length of stay is conditional upon the individual's efforts to achieve their goals. Rent is charged according to Ontario Works (OW) or Ontario Disability Support Program (ODSP) rental allowance rates. Individuals in the transitional housing program will be provided with the opportunity to work with a Enrichment Centre Counsellor, bi-weekly, on goals such as securing safe affordable housing, obtaining personal documents and finding employment. There are a total of 20 beds in designated seniors, male and female houses.  
Anyone can be referred or refer themselves to the program. However, the potential individual must contact the Housing Program Manager to determine if they are a suitable fit for the program by setting up an intake appointment.

**Referrals are made by calling the Enrichment Centre at: (613) 969-8874**

Monday - Friday 8:30 a.m. - 4:30 p.m.

### **All-Together Housing Corporation**

The Corporation owns and operates a five-unit building at 51 Victoria Avenue in Belleville and a 32-unit building at Great St. James for low-income individuals. Tenants are referred to our units and supported by community agencies that are members of our Quinte Community and Housing First Partnership. Contact: 613-210-0984, [alltogether.housing@gmail.com](mailto:alltogether.housing@gmail.com).

### **North Hastings Community Trust Harm Reduction**

Street-based outreach program that offers referrals to supports, basic needs supplies, and harm reduction kits. Training and workshops are available.  
Call for more information: 613-332-3657

# URGENT SERVICES

## **Sexual Assault Centre for Quinte & District**

For individuals aged 16 and over, offering confidential, non-judgmental support for survivors of sexual violence. Each year, the Sexual Assault Centre for Quinte & District (SACQD) helps hundreds of clients deal with the devastating effects of sexual violence. Through our counseling and support groups, Paths of Courage Residential Healing Program, SACQD staff and volunteers reach out to survivors and their families. The Paths of Courage Residential Healing Program is OPEN to all residents of Ontario.

613-967-6300 [www.sacqd.com](http://www.sacqd.com)

In-person and virtual appointments available.

## **Bancroft Pregnancy Care Centre**

We provide free, confidential, non-judgmental support for those facing an unexpected pregnancy or challenges related to pregnancy or raising a family. Free pregnancy tests and information on options are available. Educational programs are offered for individuals and families for pre- and post-natal pregnancy support, infant loss, parenting, relationships, and household management. Also offering father support, and material assistance including maternity wear, baby clothes and equipment, emergency diapers and formula.

Call or text: 613-332-4673

[www.bancroftpcc.ca](http://www.bancroftpcc.ca)

35 Sherbourne Street North 613-332-4673

## **Belleville Pregnancy and Family Care Centre**

We provide confidential, non-judgmental support for those facing an unexpected pregnancy or challenges during pregnancy. Free pregnancy tests and information on pregnancy and options are available. Educational programs are offered for expectant and new parents in prenatal, postnatal, healthy relationships, parenting, dad's support, and post-abortion care. Material assistance including maternity wear, baby clothes, and equipment.

Ongoing support available before and after delivery.

Call or text: 613-969-7866 [www.bpfcc.ca](http://www.bpfcc.ca) 200 Dundas Street East, Suite 204, Belleville

Moving April 15th to 180 Front Street, Belleville

Services are available in Belleville, Bancroft, Madoc, and Quinte West.

# URGENT SERVICES

## Community Care for Central Hastings

Community Care for Central Hastings (CCCH) is a volunteer-based agency that provides services to seniors and adults with physical disabilities in Stirling, Tweed, Madoc, and Marmora. CCCH's mission is to provide programs and services that support clients to remain in their own homes as long as possible, and improve quality of life while they are in their home. CCCH strives to achieve these goals through the following programs:

- **Meals on Wheels** - Hot and frozen meals, home-cooked in the CCCH kitchen. Delivery every Tuesday and Thursday in Stirling, Tweed, Madoc, and Marmora
- **Homemaking and Home Maintenance** - Provides seniors with assistance with indoor tasks (house cleaning, laundry) and outdoor tasks (snow shoveling, yard work)
- **Transportation** - Volunteer drivers provide seniors with transportation to appointments
- **Foot Care Clinics** - A Registered Foot Care Nurse provides foot care to seniors at the CCCH office in Tweed

For more information, please call: 613-478-2224 or visit [www.ccch.ca](http://www.ccch.ca)  
310 Victoria St. N., Tweed Monday - Friday 8:30 a.m. - 4:00 p.m.

## Community Care for South Hastings

Community Care for South Hastings (CCSH) is a nonprofit agency for seniors and adults with physical disabilities. We provide programs and services that assist our clients to remain in their homes with dignity and respect for as long as possible.

We serve the area of Belleville, Deseronto and Tyendinaga Township. We have 2 offices to serve you. We provide the following services:

- **Meals on Wheels** – hot and frozen meals delivered to your home by friendly volunteers up to 4 days per week
- **Escorted Transportation** – transportation to medical appointments provided by friendly volunteers
- **Home Help & Home Maintenance** – assistance at home provided by Brokered Workers for indoor and outdoor tasks and chores
- **Stroke Support Services** – virtual and in-person support options for stroke survivors and their caregivers
- **Community Café** – weekly seniors luncheons to enjoy food and friendship
- **Deseronto Pet Food Pantry** – limited quantities of free dog and cat food for residents of the Town of Deseronto only. 2nd and 4th Thursday of the month, 10:00 a.m. to 12:00 p.m.

Belleville Office: Bayview Mall, 470 Dundas Street East, 613-969-0130

Deseronto Office: 293 Main Street, 613-396-6591 <https://ccsh.ca>

# TRANSPORTATION SERVICES

## BELLEVILLE TRANSIT

Main Intercity Terminal: 165 Pinnacle Street

Belleville Transit operates 7 days a week, servicing the urban area of the City.

For schedules and further information call 613-962-1925 or visit the website:

[www.city.belleville.on.ca](http://www.city.belleville.on.ca) and click on: Transit.

## CENTRAL HASTINGS PUBLIC TRANSIT

The Phase 1 Route travels through the municipalities of Central Hastings, Marmara and Lake, and Stirling-Rawdon into the city of Belleville through an "on-demand" service. The Phase 2 Route passes through Madoc Township and the Municipality of Tweed, and then into the city of Belleville.

Call 613-473-5255 or text 613-661-5254 (Monday - Thursday 9:00 a.m. - 4:00 p.m.,

Friday 9:00 a.m. - 12:00 p.m. to book your rides. 48 hours notice required.

Service available 7:00 a.m. - 7:00 p.m., Monday - Friday. Visit the website: [chsn.support/transit](http://chsn.support/transit)

## QUINTE TRANSIT (QUINTE ACCESS)

There are 4 transit routes that travel within Trenton ward of Quinte West and 2 regional routes (Trenton - Belleville, Picton - Belleville). On-demand service available. For schedules and further information call 613-392-9640 (choose option 1)

or visit the website: [www.quintetransit.ca](http://www.quintetransit.ca) and click on Public Transit.

## NORTH HASTINGS TRANSIT

Bancroft Community Transit is a non-profit organization providing a door to-door transportation service by volunteer drivers.

Monday - Friday 9:00 a.m. - 4:30 p.m. (closed 12:00 p.m. - 1:00 p.m.)

For schedules and further information call 613-332-8291 or visit the

website: [www.bancroftcommunitytransit.com](http://www.bancroftcommunitytransit.com)

All ride requests must be placed by 12:00 p.m. the (business) day before.

# RECREATION SERVICES

## PLAYING FOR KEEPS (THE CHILDREN'S FOUNDATION)

Playing for Keeps subsidizes registration fees for sports and other recreational activities for children when finances are a barrier to participation. Through an easy online format, families can apply to have a portion of fees sent directly to the program or organization. Any family being supported by Highland Shores Children's Aid or living with low income is welcome to apply. For further information contact The Children's Foundation at 613-962-9292. [www.thechildrensfoundation.ca](http://www.thechildrensfoundation.ca) (online application)

## CAMPS OF HOPE

Camps of Hope subsidizes registration fees for families in need. It provides children with an opportunity to develop their social skills, self-esteem, self-confidence, independence, and leadership skills. The Camps of Hope program is available year-round for both day camps and overnight experiences for youth ages 4-18.

For further information contact the Children's Foundation at 613-962-9292. [www.thechildrensfoundation.ca](http://www.thechildrensfoundation.ca) (can apply online)

## BELLEVILLE YOUTH CENTRE

The Belleville Youth Centre (BYC) runs a variety of free recreation programming year-round from Monday to Thursday for youth aged 12-18. They are a safe, inclusive space for all youth looking for opportunities to have fun and connect with peers.

The BYC is located at 19-21 Wallbridge Crescent in Belleville.

For more information, please contact 613-968-6628.

## QUINTE WEST YOUTH CENTRE

A safe, inclusive, and welcoming space dedicated to empowering the youth (10-18) of Quinte West. Providing opportunities for growth within each youth through need-based programming.

Dinner available between 5:00 p.m. - 7:00 p.m.

Tuesday - Friday 3:00 p.m. - 8:00 p.m.

2 Wooler Road, Trenton. 613-392-6946

[www.qwyc.ca](http://www.qwyc.ca)

# COMMUNITY SERVICES

## ABIGAIL'S LEARNING CENTRE

Services and supports for young children, youth, and families, including education, food programs and licensed childcare.

Parenting, life skills, and cooking skills programs are available.

119 Station Street, Belleville 613-961-1884 Monday - Friday 7:00 a.m. - 4:30 p.m.

## INDIGENOUS SERVICES

For a list of Indigenous Services, please refer to the Guide for Indigenous Families and Children by following the link: [www.kflachildrenandouthservices.ca/aboriginal-guide/](http://www.kflachildrenandouthservices.ca/aboriginal-guide/)

## QUINTE IMMIGRATION SERVICES

For the range of free services available for newcomers of all statuses and their families in the Quinte area, please visit: [www.quinteimmigration.ca](http://www.quinteimmigration.ca) or call 613-968-7723 ext. 0 to book an appointment.

Open Monday - Friday, 8:00 a.m. - 4:00 p.m. 345 College Street East, Unit 2, Belleville.

## 211

211 is Canada's primary source of information for government and community-based, non-clinical health and social services. The free and confidential service can be accessed 24 hours/day, in more than 150 languages by phone, chat, text, and web (211.ca).

211 helps connect people to the right information and services, making their pathway to care and resources a guided and trusted one.

## HELPSSEEKER

Helpseeker is a free smartphone app that connects you to over 500 local support services, including mapping of locations.

## HEART OF HASTINGS HOSPICE

Provides hospice services, and grief and bereavement support for adults and children, as well as caregiver support.

They also have medical/mobility equipment lending program available to the community.

613-473-1880 [www.heartofhastingshospice.ca](http://www.heartofhastingshospice.ca)

17 McKenzie St., Madoc Monday - Friday, 8:00 a.m. - 4:00 p.m.

## HOSPICE QUINTE

The Stan Klemencic Care Centre offers a six-bed residential hospice for individuals in their last three months of life, as well as caregiver and bereavement support for their families. We also provide a community visiting program for those who wish to receive palliative care in their own homes. All services are provided free of charge.

613-966-6610

[www.hospicequinte.ca](http://www.hospicequinte.ca)

1244 Old Highway 2, Belleville



## OFFICE LOCATIONS & CONTACT INFORMATION

### **BANCROFT - ONTARIO WORKS**

1 Manor Lane, Level 2, Suite 3, P.O. Box 1860 Bancroft, ON K0L 1C0

Tel: 613-332-3410 Fax: 613-332-5550

Toll Free: 1-866-569-1941

### **BELLEVILLE - ONTARIO WORKS/CHILDREN'S SERVICES/HOUSING SERVICES**

228 Church Street -Postal Bag 6300 Belleville, ON K8N 5E2

Tel: 613-966-1311 Fax: 613-966-4598

Toll Free: 1-800-267-0575

### **QUINTE WEST - ONTARIO WORKS/HOUSING SERVICES**

91 Creswell Drive Trenton, ON K8V 3G5

Tel: 613-392-1387 Fax: 613-392-2876

Toll Free: 1-866-819-9023

### **MADOC - ONTARIO WORKS**

56 Russell Street North - P.O. Box 1007 Madoc, ON K0K 2K0

Tel: 613-473-5258 Fax: 613-473-1027

Toll Free: 1-866-434-4024

**Ontario Disability Support Program (ODSP) 613-962-9562 or 1-800-267-4355**

**To apply for financial assistance in Hastings County, apply online**

**at [www.ontario.ca/socialassistance](http://www.ontario.ca/socialassistance) (English); [www.ontario.ca/aidesociale](http://www.ontario.ca/aidesociale) (French)**

**or 1-888-999-1142 or call our Intake Access Centre: 613-771-9630 or 1-866-414-0300**



\*Please note: Information in this booklet may change at any time. For the most current information, please call the agency directly, or visit the Hastings County website ([www.hastingscounty.com](http://www.hastingscounty.com)) and click under Communities and then Resources to find booklet or follow QR Code above.

Send corrections/updates to booklet to: [mcewenl@hastingscounty.com](mailto:mcewenl@hastingscounty.com)